

# *First Parish Congregational Church*

United Church of Christ East Derry, New Hampshire



We are a community of faith built upon a firm foundation of worship, prayer and education. In affirming diversity, we are dedicated to welcoming all people who seek the Word of God, Christian fellowship and service to others. In partnership with Christ and led by the Holy Spirit, we reach out to the ever-widening community through active and loving ministry.

## *From the Pastor's Desk*

### **Who is my neighbor?**

Dear Child of God,

In Genesis 2 the very first words that God speaks are these: "It is not good for man to be alone." God's first utterance declares that we were created to be in relationship with one another. We were created to thrive in community. The Old Testament is clear about loving God and welcoming the stranger. In the New Testament we are commanded by Jesus in all four Gospels to love our neighbor as ourselves. In Luke 10:29 we read: "But wanting to justify himself, (the lawyer) asked Jesus, "And who is my neighbor?" Will we, too, want to "justify ourselves"? Or will we choose to live as God would have us live - loving and caring for our neighbors?

At First Parish Church our Mission and Outreach Board works diligently to support financially the work of the service organizations in the area. We are so richly blessed and we share our bounty with a multitude of "neighbors" in southern NH. This month's newsletter is dedicated to our neighbors, without whom the lives of so many would be desolate and drab. I encourage you to read about our neighbors and to the best of your ability support them. Offer your time and talent to serve those in need.

Enjoy the rest of the summer!

May God's blessing be poured out richly upon you!

Pastor Deborah

## *Upcoming Events*

August 4  
Fundraiser for Community Caregivers  
At Mack's on Adams Rd in Londonderry

August 6 at 7pm  
Structure Committee at FPC

August 8 at 7pm  
Wonder Wednesday Worship  
at FPC

August 15 from 3-6pm  
Fundraiser for Upper Room  
Don Ball Park

### **ALL ARE WELCOME**

"Friend, you enter this church not as a stranger, but as a guest of God. Come, then, with joy in your heart and thanks upon your lips, and offer God today your love and your service."  
- Adapted from a 12<sup>th</sup> Century Church in Hampshire, England



## *Christian Outreach and Missions*

### **How do we support our neighbors in our Mission Giving?**

The Board of Christian Outreach and Missions is thankful to each of you for sharing so generously with those in our community who are struggling. We can do nothing without your kindness. Below is our list of regular charities that we support each month:

Our Churches Wider Mission (OCWM)	*Sonshine Soup Kitchen
First Baptist Food Pantry	*Community Caregivers
*Derry Friendship Center	Pastoral Counseling
Pinkerton Homeless Program	*Upper Room
Pastor Discretionary Fund	Family Promise of Nashua

\* The asterisk means that there is an article on that service in this newsletter.

The Missions and Outreach Board also collects food for the food pantry, as well as items for Liberty House.

# Community Caregivers of Greater Derry



Community Caregivers  
of Greater Derry



1 B Commons Drive, Unit 10, Londonderry, 432-0877  
www.comcaregivers.org office@comcaregivers.org

**Mission:** Enriching lives and supporting individuals to remain independent through a compassionate volunteer community.

**Vision:** Improving the quality of life for everyone we serve.

**Community Caregivers of Greater Derry is committed to the following values:**  
COMPASSION, RESPECT, DEDICATION, EXCELLENCE, RELIABILITY

**Towns served by Caregivers:** Danville, Derry, Londonderry, Chester, Hampstead, Sandown & Windham

**Financial Support:** The services that the Caregivers' volunteers provide are at *no charge to our clients*. Our services are made possible through individual and group donations, foundation support, fundraising endeavors and the towns served by Caregivers.

**We can help** those who have difficulty maintaining independence and quality of life because they are homebound, elderly, temporarily or permanently disabled, lonely, and recuperating from illness or dealing with chronic illness.

**With great support from our 490 volunteers, Caregivers provides to over 375 individuals:**

**Transportation:** for shopping, errands & medical appointments.

**Visiting:** friendly visiting, companionship, social outings.

**Errands & chores:** light housekeeping, minor repairs or shopping.

**Respite Care:** provide a break for family and friends who are providing continual care.

**Loaner's Closet:** used medical equipment for loan, at no charge. Donations are appreciated. We are in great need of bath seats, rollators, wheelchairs and all bariatric equipment.

**Last year we loaned out 2824 pieces of equipment and gave away 50 cases of adult diapers.**

## Statistics for 2017

**38,831**— the number of hours spent by our volunteers serving individuals

**\$937,380**— the value of what their service is worth

**15,383**— the total number of times individuals were served

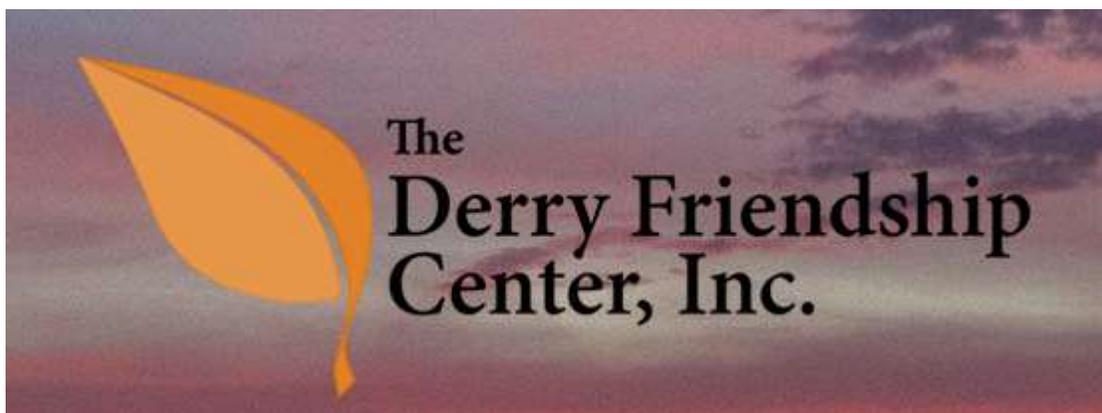
**172,261**— the total miles driven with an individual or to an individual's home to complete a service

# *Derry Friendship Center*

## **Derry Friendship Center**

The Derry Friendship Center is a non-profit community organization that provides a safe and supportive environment for twelve-step recovery regardless of race, creed, color, gender or ethnic origin. For over 30 years, The Derry Friendship Center, Inc. has provided a safe, confidential, alcohol and drug free environment for people seeking and/or maintaining recovery from substance abuse and to participate in activities and ongoing rehabilitative peer support to people in recovery from alcoholism and drug abuse. The Derry Friendship Center, Inc. enjoys a positive relationship with the town of Derry as well as the surrounding communities, civic organizations, and healthcare providers. The Center is open to the public as a drop-in center – when staffed by our volunteers. We encourage the community, our members, and patrons to enjoy the benefits of our services and the peer support and fellowship this provides, as well sharing the experience of helping people seek and/or maintain recovery.

The Derry Friendship Center, Inc., cooperates – but is not affiliated with any recovery program/organization.



# End 68 Hours of Hunger



**End 68 Hours  
of Hunger**<sup>SM</sup>



Courtney Cashman and Melissa Carolan  
Program Coordinators  
derrynh@end68hoursofhunger.org

## Who we are:

End 68 Hours of Hunger is private, not for profit, volunteer effort to confront the approximately 68 hours of hunger that some school children experience between the free lunch they receive in school on Friday afternoon and the free breakfast they receive in school on Monday morning.

We are entirely volunteer based and 100 percent of funds go directly to feeding at-risk children unless otherwise designated by the donor.

## How can you help?

Each week we deliver bags of food directly to the school so that they are sure to go home with the student. Each bag has the equivalent of 7 meals (2 breakfasts, 2 lunches and 3 dinners).

Donations of the following food types are needed:

- Individual snacks (all kinds)
- Peanut butter and jelly (16 or 28 oz plastic jars)
- Cereal (any kind, +/- 18 oz)
- Granola/Nutrition Bars (any kind, high calorie, in boxes)
- Soup (any kind, meaty is best, 18.5 oz cans or smaller)
- Canned pasta (any kind, 16 oz cans or smaller)
- Cup of fruit or canned fruit (any kind, 15 oz cans)
- Canned tuna or chicken (12 oz cans)
- Dry pasta, Tuna/Chicken/Hamburger Helper
- Mayonnaise (plastic squeeze bottles)

**Thank you for helping to make a difference in the lives of local children!**

# HAVEN

HAVEN, formerly known as A Safe Place and SASS, officially merged in July of 2015 becoming the largest violence prevention and support services agency in NH. HAVEN is dedicated to addressing public health through violence prevention and improving the well-being of children and families.

Preventing abuse and providing support for those impacted by domestic and sexual violence can lead to healthier and more secure children and adults.

The Haven confidential hotline # is 603-994-SAFE (7223) [www.havennh.org](http://www.havennh.org)

**Portsmouth NH Office** 20 International Drive, Suite 300

Portsmouth, NH 03801

Monday - Friday, 9 a.m. to 5 p.m.

1-603-436-4107

*Crisis counseling is available on a walk-in basis during office hours.*

**Main Office: Rochester NH Office**

150 Wakefield Street, Suite 16

Rochester, NH 03867

Monday - Friday, 9 a.m. to 4 p.m.

*Crisis counseling is available on a walk-in basis during office hours.*

**Salem NH Office** 15 Ermer Road, Unit 211 Salem, NH 03079

*By Appointment Only Please call 603-994-SAFE (7233) for an appointment*



# *Sonshíne Soup Kítchen*

## **Sonshine Soup Kitchen**

### **We Are.....**

- A ministry supported by the Derry area communities including churches, individuals, businesses, civic organizations, and schools.
- A place for needy individuals and families to eat a nourishing meal in an uplifting environment five nights per week.
- Needful of continued support in the way of money, food, volunteers, and prayer.

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Meal Program: To fulfill our mission, we serve a free, hot meal to anyone who enters our dining room Monday through Friday, between 4:30 and 5:30 pm.

Key Benefits: Free, meal served in a loving, safe, uplifting atmosphere.

We strive to provide healthy, balanced meals.

There are no requirements for coming into our dining room and eating, except for sobriety and good behavior. We will serve a meal to anyone who enters, no questions asked.

Capabilities: Fully Equipped Commercial Kitchen – We have a fully equipped commercial kitchen and comply with all NH Health Codes, monitored by The Town of Derry Health Department.

### **How can you help?**

Cash donations and food donations keep this ministry going. We especially appreciate a call from our food donors to find out our current needs or you can get that information here.

Restaurant-sized packages are the most convenient for our use.

Volunteers are our mainstay. You can volunteer your time by cooking, serving, or cleaning up in the soup kitchen. We also need drivers to deliver meals to housebound people or to pick up food donations.

For details call the office at (603) 437-2833 between 1pm to 6pm, Monday through Friday.

# The Upper Room



*Strengthening Individual and families, by providing them with the education, services and resources needed to lead healthy, self-sufficient lives.*

## What does The Upper Room do?

The Upper Room, a Family Resource Center is a non profit agency that has been rooted in this community for 32 years. Offering now, 15 core programs which address child, teen and family needs, in an effort to build skills, provide support, and offer education that will strengthen individuals and families to live to their full potential.

## What can you do to support our mission?

### *Volunteering*

- Volunteer, as a board member, a food pantry volunteer, a mentor for youth, or to offer support to our front end, or just help us for a day project, our agency depends on the support of volunteers.

### *Referrals*

- Provide referrals to our programs and services, helping people be connected to our programs and services is the biggest impact you can have on our agency and our community.

### *Donations*

- Help us keep costs low by looking at our wish list, providing food for our pantry, snacks for our many after school youth programs, or necessary program and office supplies helps us allocate more of our dollars to the services by reducing costs to the programs. Or offer support to a family by funding a family to offset program costs.

36 Tsienneto Road, Derry NH 03038  
603-437-8477 [bguggisberg@urteachers.org](mailto:bguggisberg@urteachers.org)  
[Urteachers.org](http://Urteachers.org)



**The Upper Room's**  
**15<sup>th</sup> Annual Ice Cream Social**

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**Music, family fun!**

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**Ice cream with all the toppings!**

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**Outdoor family games and activities**

**WED., AUG 15<sup>TH</sup>**  
**3 - 6 p.m.**  
**DON BALL PARK,**  
**HUMPHREY RD. DERRY**

**Join the fun and bring the whole gang!**  
 In partnership with community sponsor, Derry Parks and Recreation Department, we're pleased to announce an even bigger venue with more ice cream, more activities and more fun! To learn more visit [www.URTeachers.org](http://www.URTeachers.org).

**THE UPPER ROOM,**  
**A FAMILY RESOURCE CENTER**  
 39 Tsienneto Road  
 Derry, NH  
**603-437-8477**  
[www.URTeachers.org](http://www.URTeachers.org)  
**Free and open to the public.**



**First Parish  
Congregational Church**

PO Box 114, 47 East Derry  
Road, E Derry, NH 03041

**Office Hours**

Monday: Closed  
Tuesday- Friday:  
Hours vary, please call  
before visiting

**Check us out on the web**

[www.fpc-ucc.org](http://www.fpc-ucc.org)

**Administrative Assistant:**

[officemgr@fpc-ucc.org](mailto:officemgr@fpc-ucc.org)  
603-434-0628

**Senior Pastor and Teacher**  
**The Rev. Dr. Deborah Roof:**  
[pastordebborah@fpc-ucc.org](mailto:pastordebborah@fpc-ucc.org)

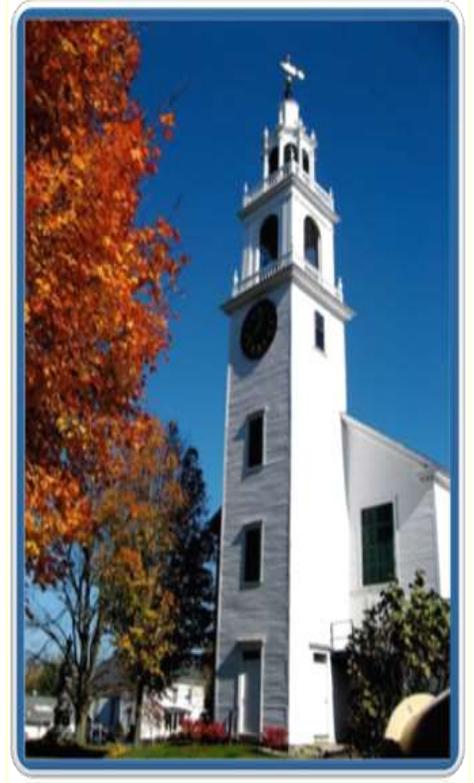
## First Parish Congregational Church, UCC

**You are most warmly invited:**

10:00 am Sunday Worship & Church School  
11:00 am Coffee Hour

### First Parish Congregational Church History

**The oldest church** in the immediate area, First Parish Church was founded by Scotch-Irish Presbyterians in the spring of 1719. Faith was and continues to be a priority. Worship was held one day after arrival, a church body was organized in one month and a building was built in 1722. A "more imposing structure" replaced the first in 1769, and although altered and expanded through time, the main building and sanctuary remain our center of worship.



First Parish Congregational Church  
United Church of Christ  
47 East Derry Road  
PO Box 114  
East Derry, NH 03041-0114  
**Address Service Requested**