



Resurrection Cookies

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The process of making Resurrection cookies is a wonderful way to share the Easter story. And they are a meringue cookie filled with nuts or chocolate.

Course Dessert

Cuisine	American
Keyword	resurrection cookies
Prep Time	30 minutes
Cook Time	8 hours 2 minutes
Total Time	8 hours 32 minutes
Servings	12 cookies
Calories	125kcal
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Ingredients

- 1 cup pecans or mini chocolate chips
- 1 tsp vinegar
- pinch of salt
- 1 cup sugar
- 3 egg whites

Instructions

1. Preheat oven to 300 degrees F.
2. Place pecans in plastic bag and crush with the back of a wooden spoon
3. Add vinegar, egg whites, salt and sugar into mixer.
4. Beat until egg whites are stiff, about 5-10 minutes.
5. Fold in nuts and or chocolate chips
6. Cover cookie sheet with parchment paper or a brown grocery bag
7. Place meringue by spoonful onto baking sheet
8. Place into hot oven and turn oven OFF. Keep the door shut and allow to sit overnight

Nutrition

Calories: 125kcal | Carbohydrates: 17g | Protein: 1g | Fat: 5g | Sodium: 12mg | Potassium: 46mg | Sugar: 17g | Vitamin A: 5IU | Vitamin C: 0.1mg | Calcium: 6mg | Iron: 0.2mg

RESURRECTION COOKIES

(To be made the evening before-you will see why)

INGREDIENTS

1 Cup pecans' OR mini chocolate chips, 1 tsp vinegar ,3 egg whites, Pinch of salt, 1 Cup sugar

Ziplock bag, wooden spoon, tape, attached bible verses.

Preheat oven 300 degrees (this is important - don't wait until you're half done with recipe)

- 1) Place pecans in zipper baggie and let children beat them with the wooden spoon to break into small pieces. Explain that after Jesus was arrested, He was struck many times by the Roman soldiers who were very mean to him. *Read John 19:1-3*
 - 2) Let each child smell the vinegar. Put 1 tsp into mixing bowl. Explain that when Jesus was thirsty on the cross, He was given vinegar to drink. *Read John 19:28-30*
 - 3) Add egg whites to vinegar. Eggs represent life. Explain that Jesus gave his life to give us life. *Read John 10:10-11*
 - 4) Sprinkle a little salt into each child's hand Let them taste it and brush the rest into the bowl. Explain that this represents the salty tears shed by Jesus' followers and the bitterness of when we make poor choices. *Read Luke 23:27*
 - 5) So far, the ingredients are not very appetizing. Add 1 Cup of sugar, Explain that the sweetest part of the story is that Jesus died because he loves us. He wants us to know and belong to him. *Read Psalm 34:8 and John 3:16*
 - 6.) Beat with a mixer on high speed for 12-15 minutes until stiff peaks are formed. Explain that the color white represents the purity in God's eyes of those whose mistakes have been cleansed by Jesus. *Read Isaiah 1:18 and John 3:1-3*
 - 7) Fold in broken nuts or chocolate chips and Drop by teaspoons onto parchment paper on a cookie sheet. Explain that each mound represents the rocky tomb where Jesus' body was laid.
Read Matthew 27:57-60
- Put the cookie sheet in the preheated oven, close the door and turn the oven OFF
- 8) Give each child a piece of tape and seal the oven door. Explain the Jesus' tomb was sealed. *Read Matthew 27:65-66*
 - 9) GO TO BED. Explain that they may feel sad to leave the cookies in the oven overnight Jesus' followers were in despair when the tomb was sealed. *Read John 16:20 and 22*
 - 10) The next morning open the oven and give everyone a cookie. Notice the cracked surface and take a bite. The cookies are hollow!!!! On the first Sunday Jesus' followers were amazed to find the tomb OPEN and EMPTY! *Read Matthew 28:1-9*

Parents of little ones may want to refer to their Spark Bible or other Children's Bible for the story of Good Friday as some of these passages can be quite sensitive in nature - We naturally try to protect our kids from disturbing events, BUT it's okay for kids to feel sad that Jesus suffered so much. If you have a child who is especially sensitive, it's always a good thing to remind the child, right away, or all children in general, that the story has a happy ending. It doesn't end at Good Friday!

1. John 19:1-3: Then Pilate ordered that Jesus be taken away and whipped.² The soldiers used some thorny branches to make a crown. They put this crown on Jesus' head and put a purple robe around him.³ Then they came to Jesus many times and said, "Hail, King of the Jews!" They hit Jesus in the face.

2. John 19:28-30:²⁸ After this, Jesus knew that everything had been done. To make the Scripture come true, he said, "I am thirsty."^[a]²⁹ There was a jar full of vinegar there, so the soldiers soaked a sponge in it. Then they put the sponge on a branch of a hyssop plant and lifted it to Jesus' mouth.³⁰ Jesus tasted the vinegar. Then he said, "It is finished." He bowed his head and died.

3. John 10:10-11:¹⁰ A thief comes to steal and kill and destroy. But I came to give life—life in all its fullness.¹¹ "I am the good shepherd. The good shepherd gives his life for the sheep.

4. Luke 23:27:²⁷ A large crowd of people was following Jesus. Some of the women were sad and crying.

5. Psalm 34:8 and John 3:16: Psalm 34:8 Examine and see how good the Lord is.

Happy is the person who trusts the Lord. **John 3:16:** "For God loved the world so much that he gave his only Son. God gave his Son so that whoever believes in him may not be lost but have eternal life.

6. Isaiah 1:18 and John 3:1-3: Isaiah 1:18: The Lord says, "Come, we will talk these things over. Your sins are red like deep red cloth. But they can be as white as snow. Your sins are bright red. But you can be white like wool. **John 3:1-3:** There was a man named Nicodemus who was one of the Pharisees. He was an important Jewish leader.² One night, Nicodemus came to Jesus. He said, "Teacher, we know that you are a teacher sent from God. No one can do the miracles you do, unless God is with him."³ Jesus answered, "I tell you the truth. Unless you are born again, you cannot be in God's kingdom."

7. Matthew 27:57-60: That evening a rich man named Joseph came to Jerusalem. He was a follower of Jesus from the town of Arimathea.⁵⁸ Joseph went to Pilate and asked to have Jesus' body. Pilate gave orders for the soldiers to give it to Joseph.⁵⁹ Then Joseph took the body and wrapped it in a clean linen cloth.⁶⁰ He put Jesus' body in a new tomb that he had cut in a wall of rock. He rolled a very large stone to block the entrance of the tomb. Then Joseph went away.

8. Matthew 27:65-66: Pilate said, "Take some soldiers and go guard the tomb the best way you know."⁶⁶ So they all went to the tomb and made it safe from thieves. They did this by sealing the stone in the entrance and then putting soldiers there to guard it.

9. John 16:20 and 22:²⁰ I tell you the truth. You will cry and be sad, but the world will be happy. You will be sad, but your sadness will become joy.²² It is the same with you. Now you are sad. But I will see you again and you will be happy. And no one will take away your joy.

10. Matthew 28:1-9: 28 The day after the Sabbath day was the first day of the week. At dawn on the first day, Mary Magdalene and another woman named Mary went to look at the tomb.² At that time there was a strong earthquake. An angel of the Lord came down from heaven. The angel went to the tomb and rolled the stone away from the entrance. Then he sat on the stone.³ He was shining as bright as lightning. His clothes were white as snow.⁴ The soldiers guarding the tomb were very frightened of the angel. They shook with fear and then became like dead men.⁵ The angel said to the women, "Don't be afraid. I know that you are looking for Jesus, the one who was killed on the cross.⁶ But he is not here. He has risen from death as he said he would. Come and see the place where his body was.⁷ And go quickly and tell his followers. Say to them: 'Jesus has risen from death. He is going into Galilee. He will be there before you. You will see him there.'" Then the angel said, "Now I have told you."⁸ The women left the tomb quickly. They were afraid, but they were also very happy. They ran to tell Jesus' followers what had happened.⁹ Suddenly, Jesus met them and said, "Greetings." The women came up to Jesus, took hold of his feet, and worshiped him.